

LEARN THE ART OF GETTING THINGS DONE



If you **Never Finish** your tasks on time,
Attend a Masterclass by Himanshu Ashok Malhotra

☎ **+91 9820699924** ✉ **info@shareandgrow.in**



BOSS

V/S

LEADER



Inspires fear



Generates
enthusiasm

Want to become a leader?
Hold a masterclass in your workplace today!
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ARE YOU MAKING THE MOST OF YOUR WORKDAY?



An average person gets 1 interruption every 8 minutes

1



Each interruption takes 5 minutes, which totals to 4 hours

2



80% of the interruptions are typically rated as "no value"

3



Approximately 3 hours of wasted time per day

4

Himanshu Ashok Malhotra's Masterclass helps increase your productivity

To know more :

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How do you know you are stressed?



Are you constantly missing lunch to get work done?

1



Do you often take work home after hours?

2



Is your work often rushed?

3

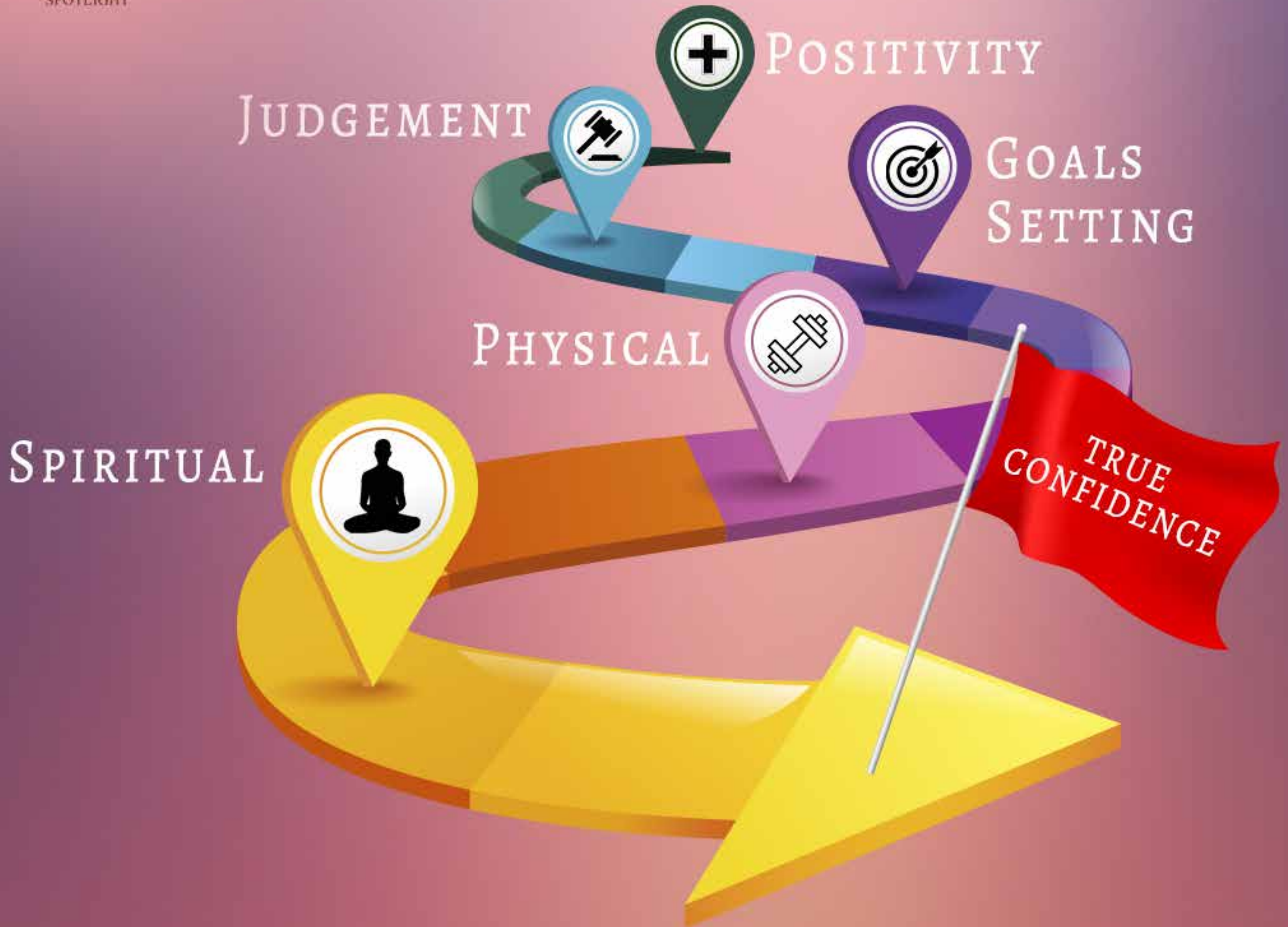
If you answered **YES** to all those questions, you need a **Stress Management Masterclass** by **Himanshu Ashok Malhotra**

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HOW TO BE CONFIDENT



Himanshu Ashok Malhotra's Masterclass helps
building your self-confidence

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info@shareandgrow.in



How to Boost
Productivity through effective
TIME
MANAGEMENT



Create a
timeline sheet



Prioritize and be
result-oriented



Plan ahead
with provisions



Switch off all
distractions



Be realistic
in your goals

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increase your productivity

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